



A Morning Offering

A Liturgy For First Rising

When you first wake up, let your first thought and action be to say good morning to God and offer your day and your self to him. You may wish to make the sign of the cross or trace a small cross on your lips with your thumb as you pray “Open my lips, O Lord...”

Each day begins with the invocation and then concludes with the daily offering. You may add your own prayers at any time.

Invocation

Open ✠ my lips, O Lord, *
and my mouth shall proclaim your praise.
Create in me a clean heart, O God, *
and renew a right spirit within me.
Cast me not away from your presence *
and take not your holy Spirit from me.
Give me the joy of your saving help again *
and sustain me with your bountiful Spirit.
Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.

Sunday Offering

Heavenly Father, you have made me for yourself,
and with my whole heart I give myself to you.
Give me grace to behold you, present in your Word and Sacraments,
and to recognize you in the lives of others.
Stir up in my own heart the flame of that love
which burned in the heart of your Son as he bore his passion,
and let it burn in me to eternal life and to the ages of ages. Amen.

Monday Offering

Grant, O Lord, that none may love you less this day because of me; that never word or act of mine may turn one soul from thee; and, ever daring, yet one more grace would I implore, that many souls this day, because of me, may love thee more. Amen.

Tuesday Offering

Father, you have brought me to the beginning of a new day. Your hand is upon me to care for me and protect me. I offer you my life and my heart. May I always do your will and love my neighbor as myself. Amen.

Wednesday Offering

Almighty Father, so draw my heart to you, so guide my mind, so fill my imagination, so control my will, that I may be wholly yours, utterly dedicated to you; and then use me, I pray, as you will, and always to your glory and the welfare of your people; through your Son my Savior Jesus Christ. Amen.

Thursday Offering

Father in heaven, you have brought me in safety to this new day: Preserve me with your mighty power, that I may not fall into sin, nor be overcome by adversity; and in all I do, direct me to the fulfilling of your purpose. Amen.

Friday Offering

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of my heart by the inspiration of your Holy Spirit, that I may perfectly love you, and worthily magnify your holy Name; through Christ my Lord. Amen.

Saturday Offering

Father, I offer to you this day all my thoughts, words and actions, all my sufferings and disappointments, and all my joys. And I unite my life with that of your beloved Son, Jesus Christ. Amen.



Morning Prayer

The service begins with one or more of the opening sentences. You may wish to begin by quieting your mind and remaining in silence for a moment. You may then make the sign of the cross as you begin.

Opening Sentence

From the rising of the sun to its setting my Name shall be great among the nations, says the Lord of hosts. *Malachi 1:11*

Let the words of my mouth *† and the meditation of my heart be acceptable in your sight, O Lord, my strength and my redeemer. *Psalm 19:14*

Thus says the high and lofty One who inhabits eternity, whose name is Holy, "I dwell in the high and holy place and also with the one who has a contrite and humble spirit, to revive the spirit of the humble and to revive the heart of the contrite." *Isaiah 57:15*

You are no longer strangers and sojourners, but fellow citizens with the saints and members of the household of God. *Ephesians 2:19*

The Venite *O Come (Psalm 95:1-7)*

O come, let us sing to the Lord; *

let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving *

and raise a loud shout to him with psalms.

For the Lord is a great God, *

and a great King above all gods.

In his hand are the caverns of the earth, *

and the heights of the hills are his also.

The sea is his, for he made it, *

and his hands have molded the dry land.

Come, let us bow down, and bend the knee, *

and kneel before the Lord our Maker.

For he is our God, and we are the people of his pasture
and the sheep of his hand. *

Oh, that today you would hearken to his voice!

The Lessons

The service continues with the readings from the daily office (published in the weekly bulletin inserts and at www.ApostlesByTheSea.com/DailyOffice) If you miss a day, you have not fallen behind! Simply resume with the readings assigned for the day.

A Collect for the Morning

Blessed are you O Lord, Creator of all,
to you be praise and glory for ever.
As your dawn renews the face of the earth
bringing light and life to all creation,
I rejoice in this new day that you have made.
As I wake refreshed from the depths of sleep,
open my eyes to behold your presence and strengthen my hands
to do your will, that all the world may rejoice and give you praise.

Personal Intercessions and Thanksgivings

Prayers may be offered for your self, your Church, your clergy, and others.

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy Name.
Thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread. And forgive us our trespasses,
as we forgive those who trespass against us. And lead us not into temptation,
but deliver us from evil. For thine is the kingdom, and the power,
and the glory, forever and ever. Amen.

The Collect of the Day

The Collect of the Day is found in the service leaflet from the previous Sunday.

A Collect for the Renewal of Life

O God, the King eternal, whose light divides the day from the night and turns the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep your law, and guide our feet into the way of peace; that, having done your will with cheerfulness during the day, we may, when night comes, rejoice to give you thanks; through Jesus Christ our Lord. Amen.

Closing Sentence

The grace ✠ of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. Amen. *2 Corinthians 13:14*



Evening Prayer

The service begins with one or more of the opening sentences. You may wish to begin by quieting your mind and remaining in silence for a moment. You may then make the sign of the cross as you begin.

Opening Sentence

The Lord Almighty ✠ grant us a peaceful night and a perfect end. Amen.

Let my prayer be set forth in your sight as incense,
the lifting up of my hands as the evening sacrifice. *Psalm 141:2*

If I say, “Surely the darkness will cover me,
and the light around me turn to night,”
darkness is not dark to you, O Lord; the night is as bright as the day;
darkness and light to you are both alike. *Psalm 139:10, 11*

Confession of Sin

Our help is in the Name of the Lord; the maker of heaven and earth.

Almighty God, our heavenly Father:

We have sinned against you, through our own fault,
in thought, and word, and deed, and in what we have left undone.
For the sake of your Son our Lord Jesus Christ, forgive us all our offenses;
and grant that we may serve you in newness of life,
to the glory of your Name. Amen.

May the Almighty God grant us forgiveness ✠ of all our sins,
and the grace and comfort of the Holy Spirit. Amen.

The Phos hilaron

O gladsome Light, pure brightness of the everliving Father in heaven,
O Jesus Christ, holy and blessed!

Now as we come to the setting of the sun, and our eyes behold the
vesper light, we sing your praises, O God: Father, Son, and Holy Spirit.

You are worthy at all times to be praised by joyful voices,
O Son of God, O Giver of life, and to be glorified through all the worlds.

The Lessons

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The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit
and born of the Virgin Mary. He suffered under Pontius Pilate,
was crucified, died, and was buried. He descended to the dead.

On the third day he rose again. He ascended into heaven,
and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and the life everlasting. Amen.

Personal Intercessions and Thanksgivings

Prayers may be offered for your self, your Church, your clergy, and others.

A Collect for Evening

O Lord, support us all the day long, until the shadows lengthen, and the evening comes, and the busy world is hushed, and the fever of life is over, and our work is done. Then in your mercy, grant us a safe lodging, and a holy rest, and peace at the last. Amen.

The Song of Simeon *Nunc dimittis* (Luke 2:29-32)

Lord, you now have set your servant free

to go in peace as you have promised;

For these eyes of mine have seen the Savior,

whom you have prepared for all the world to see:

A Light to enlighten the nations, and the glory of your people Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: *

as it was in the beginning, is now, and will be for ever. Amen.

Closing Sentence

The almighty and merciful Lord, Father, ✠ Son, and Holy Spirit,
bless us and keep us. Amen.